



SKILLETS & BOWLS

SERVED WITH SHREDDED HASH BROWNS & GLUTEN FREE TOAST.

WESTERN SKILLET

Diced sausage, onions, and green peppers, served with two scrambled eggs, over shredded hash browns, finished with Smitty’s™ signature hollandaise sauce. 19⁹⁹

SANTA FE SKILLET

Blackened Cajun chicken and shredded cheese, served with two scrambled eggs, over shredded hash browns, then topped with house-made pico de gallo, a drizzle of chipotle aioli, and green onions. 20⁴⁹

MEATLOVER’S SKILLET

Diced sausage, bacon, ham, back bacon and shredded cheese, served with two scrambled eggs, over shredded hash browns. 20⁴⁹

ULTIMATE BREAKFAST BOWL

Bacon bits, cheese curds, diced tomatoes, and grilled white onions served over shredded hash browns then topped with Smitty’s signature hollandaise sauce,a sunny-side-up egg, and green onions. 18⁹⁹

BENEDICTS

SERVED ON A GLUTEN FREE ENGLISH MUFFIN.

EGGS BENEDICT

The classic with back bacon. 17⁹⁹

SOUTHWEST BENEDICT

Chorizo sausage and avocado come together for this Southwest experience, topped with house-made pico de gallo. 18⁴⁹

SO-CAL BENEDICT

Avocado and grilled tomato slices. 18⁴⁹

SMOKED SALMON BENEDICT

Smoked salmon, spinach, and pickled red onions. 20⁹⁹

APPETIZERS

*NACHOS

Corn tortilla chips topped with pico de gallo, jalapenos, black olives and shredded cheese. Served with salsa and sour cream. 18⁹⁹

Add Chorizo 6⁴⁹

Add Grilled Chicken 6⁴⁹

*CHICKEN WINGS

One pound of chicken wings in any of our gluten free wing flavours. Available baked in oven or fried without breading. 18⁴⁹

*POUTINE

Served the classic way. French fries topped with cheese curds and gravy. 11⁴⁹

*SWEET POTATO FRIES

Served with your choice of Chipotle or Ranch dip. 8⁹⁹

Smitty’s™ proudly serves quality products from:



GLUTEN SENSITIVE MENU

BREAKFAST CLASSICS & OMELETTES

SERVED WITH SHREDDED HASH BROWNS & GLUTEN FREE TOAST.

TWO EGGS ANY STYLE

Served with your choice of bacon strips, breakfast sausage, back bacon, or ham. 15⁹⁹

ONE EGG ANY STYLE

Served with a lighter portion of either bacon strips, breakfast sausage, back bacon, or ham. 12⁴⁹

BACON LOVER’S

Two eggs any style served with eight bacon strips. 18⁹⁹

BIG COUNTRY BREAKFAST

Two eggs any style served with bacon strips, breakfast sausage, ham, and back bacon. 20⁴⁹

BACON DENVER OMELETTE

Bacon, ham, shredded cheese, tomato, onions, and green pepper. 19⁴⁹

MUSHROOM, BACON & CHEESE OMELETTE

Bacon, sliced mushrooms, and shredded cheese. 19⁴⁹

SPINACH & SWISS OMELETTE

Swiss cheese, sautéed baby spinach, onions, tomato, and mushrooms, topped with Smitty’s™ signature hollandaise sauce. 19⁴⁹

STEAK & EGGS

6 oz wrangler steak grilled to your liking, served with two eggs any style. 22⁹⁹

EXTRAS

Bacon	5 ⁴⁹
Breakfast Sausage	5 ⁴⁹
Back Bacon	5 ⁴⁹
Ham	5 ⁴⁹
Fresh Fruit	5 ⁹⁹
Grade “A” Egg	2 ⁵⁹
Shredded Hash Browns	4 ⁹⁹
Smitty’s™ Signature Hollandaise Sauce	2 ⁹⁹

GARDEN FRESH SALADS

MEDITERRANEAN SALAD

Mixed greens and quinoa tossed in a citrus herb vinaigrette, then topped with pumpkin seeds, dried cranberries, fresh blueberries, strawberries, and goat cheese. 17⁹⁹
Add grilled chicken. 6⁴⁹

COBB SALAD

Mixed greens tossed with ranch dressing, then topped with bacon, grilled chicken breast, blue cheese, diced tomato and a diced hard-boiled egg. 19⁹⁹

HANDHELDS

SERVED ON A GLUTEN FREE BURGER BUN OR LETTUCE-WRAPPED.
*SERVED WITH FRIES.

CAJUN CHICKEN BURGER

Grilled Cajun seasoned chicken breast with chipotle aioli, lettuce, tomato, onion, cheddar cheese and bacon. 19⁹⁹

GRILLED CHICKEN BURGER

Grilled chicken breast topped with lettuce, tomato and Smitty’s™ Signature Sauce. 19⁹⁹

TRADITIONAL CLUBHOUSE

A triple-decker sandwich piled high with bacon, turkey, lettuce, tomato and mayo. 18⁹⁹

Add cheddar cheese. 1⁹⁹



UPGRADE YOUR SIDE!
Sub Tossed Salad \$2.99
Sub Sweet Potato Fries \$3.49
Sub Poutine \$3.99



MAINS

HOME-STYLE TURKEY

Roasted turkey topped with gravy, served with cranberry sauce, creamy mashed potatoes and fresh seasonal vegetables. 21⁴⁹

NEW YORK STEAK

8 oz of premium center cut striploin grilled to your liking. Served with creamy mashed potatoes and fresh seasonal vegetables. 26⁹⁹

SALISBURY STEAK

Two 3oz 100% Canadian smashed burger patties topped with sauteed mushrooms, onions and gravy. Served with creamy mashed potatoes and fresh seasonal vegetables. 20⁴⁹

VEGETARIAN BURGER

Plant-based black bean burger topped with lettuce, onions, tomato, pickle, and Smitty’s™ Signature Sauce. 18⁹⁹

CLASSIC BURGER

Two 3oz 100% Canadian smashed burger patties topped with lettuce, tomato, pickle, onions and Smitty’s™ Signature Sauce. 17⁹⁹

Add cheese. 1⁹⁹

BACON CHEESE BURGER

Two 3oz 100% Canadian smashed burger patties topped with melted cheese and two bacon strips. 19⁹⁹

ULTIMATE MOZZA BURGER

Two 3oz 100% Canadian smashed burger patties topped with melted mozzarella, grilled mushrooms and bacon strips. 19⁹⁹

Make Any Burger a Double. 5⁹⁹

STEAK SANDWICH

6oz wrangler steak grilled to your liking, served on gluten free garlic toast with house-made bacon jam. Served with tossed salad and french fries. 23⁴⁹

BACON JAM SMASH BURGER

Two smashed Angus chuck patties layered with mozzarella cheese, sweet bacon jam, shredded lettuce, tomato, pickles, and Smitty’s™ Signature Sauce. 20⁴⁹

BUTTER CHICKEN RICE BOWL

Tender chunks of chicken with sauteed peppers, onion and mushrooms simmered in a spicy butter chicken sauce. Served with rice and gluten free garlic toast. 20⁴⁹

EXTRAS

Add Grilled Chicken	6 ⁴⁹
Add Avocado	3 ⁹⁹
Add Citrus Herb Mixed Greens Salad	4 ⁹⁹

KIDS OPTIONS

\$8.99 INCLUDES A KIDS DRINK, DESSERT, AND TOY!

BIG BREKKIE

1 egg made the way you like it, with your choice of bacon or sausage. Served with shredded hashbrowns and gluten free toast. 8⁹⁹

JUNIOR BURGER

A 3oz 100% Canadian smashed burger patty served on a gluten free bun with lettuce and tomato. Served with your choice of french fries, fresh vegetables or fresh fruit. 8⁹⁹

GOOEY GRILLED CHEESE

A home-style grilled cheese sandwich on gluten free bread. Served with your choice of french fries, fresh vegetables or fresh fruit. 8⁹⁹

ALLERGY STATEMENT

At Smitty’s™, we care about your well-being; however, our restaurants are not allergen-free environments. We will do our very best to ensure contact with gluten-containing products in our commercial kitchens does not occur. However, as we are not a gluten-free cooking environment, we remind all diners of this possibility.

*Note that while our fries, corn chips and naked wings are gluten free, they are not cooked in a dedicated gluten free fryer. Please inform your server if this will effect your menu choices to see if we can accomodate otherwise

PROMISE OF QUALITY

We promise that our food will taste great and be of high quality. If, for any reason, our food or service fails to please you completely, let us know and we will make it right, immediately. That’s our Smitty’s™ promise to you.

Menu prices do not include tax.

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